# The End of Our Toil

Colossians 1:24-29

**Overview**

We should follow the model Paul sets forth by working with our lives to proclaim Christ and present each other mature in him.

**Notes**

Paul teaches us five things that should characterize our lives:

1. Rejoice in suffering (24).
2. Obey God (25).
3. Know the mystery (26-27).
4. Labor to proclaim and present (28).
5. Depend on Christ’s power (29).

**Reflection Questions**

1. How can joy and suffering go hand in hand?
2. List out each specific calling God has for your life.
3. Did Christ's death on the cross fully atone for sins? If so, what does Paul mean by saying Christ's afflictions were "lacking"?
4. What are some situations that could come up this week where you might be tempted to sin instead of suffer?
5. Think through your schedule this week, are there times set aside to help others to maturity in Christ?